



Your EEG

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What will I do today?

Today I am a EEG Explorer at UNCW. I will meet the Brain Bunch and we will use EEG to see how my brain works.



One of the Brain Bunch members will talk with my family, and I will play with my Brain Buddy.





What is EEG like?

I will sit as still as a living, breathing, statue and watch cartoons while the Brain Bunch gets me ready.



I get stickers along the way for being a helper.

What is EEG like?

They measure my head.



They gently wipe my face.



It is always okay to ask questions or take a break.

What is EEG like?

The brain bunch will let me look at my thinking cap.



I will sit still when stickers are placed on my face and my cap on my head.



The cap is snug and it does not hurt.

**A little cool gel is put in the holes of my cap.
It feels a little gooey but does not hurt.**



I will not touch the strings coming out of my cap.

I sit quiet and still watching cartoons while the Brain Bunch starts EEG. If I hear special instructions I follow them.



My EEG does not hurt.

When it is done, the Brain Bunch takes off my Thinking Cap. My hair may feel a little squishy from the gel but it will be wiped away soon.



What happens when I am done?



The Brain Bunch will give me a small prize and an award! I get this even if I decide to stop or I do not finish EEG.